

January 2019 Blackwater Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1/1	1/2	1/3	1/4
1/7 <i>Breakfast Bar</i> Chicken Corn	1/8 <i>Oatmeal & Muffin</i> Taco Beans	1/9 <i>Biscuit & Gravy</i> Chicken Fajitas Rice	1/10 <i>Mini Pancakes</i> Spaghetti ww breadstick	1/11 <i>Cereal & Bug Bites</i> Personal Pizza
1/14 <i>Breakfast Bar</i> Sloppy Joe Fries	1/15 <i>Oatmeal & Muffin</i> Taco Beans	1/16 <i>Biscuit & Gravy</i> Corn Dogs Baked Beans	1/17 <i>Mini Pancakes</i> Chili Beans Corn bread	1/18 <i>Cereal & Bug Bites</i> Personal Pizza
1/21 <i>No School</i>	1/22 <i>Oatmeal & Muffin</i> Taco Beans	1/23 <i>Biscuit & Gravy</i> Chicken Fajitas Rice	1/24 <i>Mini Pancakes</i> Spaghetti Garlic Bread	1/25 <i>Cereal & Bug Bites</i> Personal Pizza
1/28 <i>Breakfast Bar</i> Hot Dog Baked Beans	1/29 <i>Oatmeal & Muffin</i> Taco Beans	1/30 <i>Biscuit & Gravy</i> Cheeseburger Fries	1/31 <i>Mini Pancakes</i> Chicken Salad Dinner roll	



Fat Free and 1% Milk are always available for Breakfast and Lunch.

For breakfast a fresh fruit and fruit juice will be made available.

For lunch at least once a week you will enjoy Cucumbers, Assorted Potatoes & Beans, Celery. We hope in addition you will enjoy these daily options: Broccoli, Carrots, Tomatoes and a Fresh Side Salad!

Did you know we serve at least 2 servings of fruit daily during lunch? This month's specialties: Apples, Oranges, Applesauce, Bananas and much more!

Menu subject to change depending on availability.

This institution is an equal opportunity provider.