

March 2019 Blackwater Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| | | | | 3/1 <i>Cereal & Bug Bites</i> Personal Pizza |
| 3/4 <i>Breakfast Bar</i> Bean Burrito Veggies | 3/5 <i>Oatmeal & Muffin</i> Nachos Beans | 3/6 <i>Biscuit & Gravy</i> Cheeseburger Fries | 3/7 <i>Mini Pancakes</i> Spaghetti Breadstick | 3/8 <i>Cereal & Bug Bites</i> Personal Pizza |
| 3/11 <i>Breakfast Bar</i> Chicken Tenders Baked Beans | 3/12 <i>Oatmeal & Muffin</i> Nachos Beans | 3/13 <i>Biscuit & Gravy</i> Hot Ham & Cheese Fries | 3/14 <i>Mini Pancakes</i> MB Sub Chips | 3/15 <i>Cereal & Bug Bites</i> Personal Pizza |
| 3/18 <i>Spring Break</i> | 3/19 | 3/20 | 3/21 | 3/22 |
| 3/25 | 3/26 | 3/27 | 3/28 | 3/29 |



Fat Free and 1% Milk are always available for Breakfast and Lunch.

For breakfast a fresh fruit and fruit juice will be made available.

For lunch at least once a week you will enjoy Cucumbers, Assorted Potatoes & Beans, Celery. We hope in addition you will enjoy these daily options: Broccoli, Carrots, Tomatoes and a Fresh Side Salad!

Did you know we serve at least 2 servings of fruit daily during lunch? This month's specialties: Apples, Oranges, Applesauce, Bananas and much more!

Menu subject to change depending on availability.

This institution is an equal opportunity provider.